

# Outdoors with Ed

## A Vehicle Survival Kit

According to <https://www.today.com/food/man-trapped-snow-5-days-survived-taco-bell-hot-sauce-t149767>, a man survived being trapped in his vehicle for 5 days by eating Taco Bell hot sauce.

I prefer not to go that route. I put together a kit that I hopefully will not use. Part of it can remain in the vehicle, but I don't think I would leave the food in the car now that the weather is warming up.

### MOLLE SUSTAINMENT POUCH

- 4 – Uncle Ben's Ready Rice Pinto Beans & Rice
- 2 – Uncle Ben's Ready Rice Red Beans & Rice
- 1 – Uncle Ben's Ready Rice Roasted Chicken
- 1 – Chicken flavor Ramen noodles
- 2 – Butterball cracked black pepper turkey jerky
- 1 – So Natural freeze dried strawberries
- 4 – StarKist lemon pepper tuna packets
- 2 – StarKist honey BBQ tuna packets
- 1 – Great Value tuna packet
- 8 – Herb Ox Chicken bouillon
- 2 – Betty Crocker Herb and butter mashed potato flake packets
- 8 – Sunbelt fudge dipped coconut granola bars
- 1 – Bridgford 3.25oz Sweet Baby Ray's beef jerky

### DUFFLE BAG (in car)

- 1 - blaze orange overalls with reflective stripes
- 1 - yellow reflective vest
- 1 - knife
- 1 - folding saw
- 1 - folding shovel
- 1 - small fire extinguisher
- 1 – Sterno stove kit
- 1 – water filter
- 1 – 12V heater/defroster/light

### CAR

- 3 – reflective triangles
- Mini-tire inflator
- 1 - tent
- 2 – tarp
- 1 - heavy blanket
- 1 - thin fleece blanket

POCKET

- 1 - Zippo lighter
- 1 - Leatherman Wave
- 1 - 3AAA flashlight
- Band-aids
- CPR mask
- Whistle
- Knife

- 1 - mechanic's type gloves

- 1 - Hot Paws ski gloves

- 1 – clip-on sunglasses

SMALL MOLLE POUCH

- 1 – compass
- 1 – AA flashlight
- 1 - signal mirror
- 8 - tinder packs
- 1 - ferro rod

- 1 - Zippo handwarmer
- 1 - can Zippo fluid

BACKPACK

- 2 - construction type face masks
- 1 – goggles
- 1 - 3AAA headlamp
- 1 – AM/FM/weather radio
- 1 - battery brick phone/tablet charger
- 1 – micro-usb cable
- 1 - Iphone cable
- 1 – USB-C cable
- 50' paracord

- 2 - FRS radios

AA batteries

AAA batteries

Crayon containers help to organize batteries by type

- 1 - box storm proof matches

## SEWING KIT (in backpack)

Needles  
Thread  
Thimble

## FIRST AID KIT (in backpack)

5x9 trauma pads  
bandaids  
Ibuprofen  
Tylenol  
Immodium  
Meclizine  
Zyrtec  
Benadryl  
2" gauze wrap  
2x2 gauze pads  
3x3 gauze pads  
napkins  
toothbrush  
toothpaste  
deodorant  
Hand sanitizer  
Nose spray  
Saline nose spray  
Rehydration packets

## MOLLE CANTEEN COVER (on backpack)

GI canteen  
canteen cup  
canteen stove  
trioxane tablets  
water purification tablets

## VEST KIT

2 – UST wetfire tinder  
2 – 12" square aluminum foil  
1 – UST fire steel  
1 – UST one hand fire starter  
1 – whistle/compass/match safe with 16 strike anywhere matches

## Contact Us

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1 – 100yd 8lb fishing line

1 – 100yd 10lb fishing line

Sinkers

Hooks

spoons

Swivels

bobbers

Garmin Legend E-trex

Engineer lensatic compass

Area maps

1 – large garbage bag

“ninja” mask

Coin cell headlamp

Space blanket

SwissTech rescue tool (window breaker/seatbelt cutter)

Buck Crosslock sheepsfoot knife

PRC-68 Strobe Light converted to use 123 batteries

2 – Hot Hands super warmers

PopTart

5 – surgical masks

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*You don't have to have everything in the kit, but the more you have, the better off you are.*

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